

Visual Story

Parvyn

Relaxed Performance

Developed in partnership with Scope Australia

**MELBOURNE
RECITAL CENTRE**

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1. The Venue



This event will be held at Melbourne Recital Centre. It is the building on the corner of Sturt Street and Southbank Boulevard in Southbank. Many people say it looks like a beehive.



Are you coming to Melbourne by train?
Get off the train at Flinders Street Station. Go across St Kilda Road to the tram stop. Take a number 1 tram (going to South Melbourne Beach).

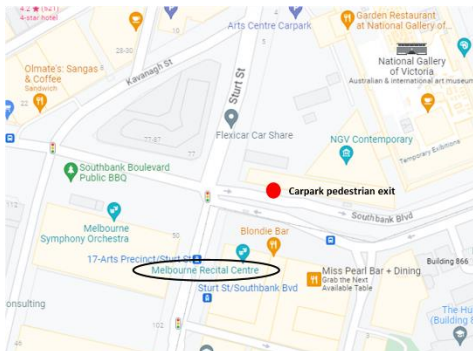


Get off the tram at accessible stop 17, right next to Melbourne Recital Centre (corner Sturt Street and Southbank Boulevard).

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Are you coming to Melbourne by car? The best place to park is at the Arts Centre Melbourne Car Park at the top of Sturt Street. For more information about parking costs [click here](#).

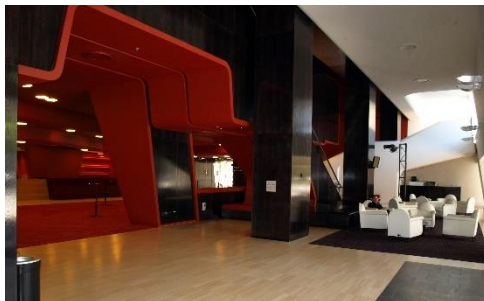


Once you have found a park, exit the underground carpark at Southbank Blvd and cross the road to Melbourne Recital Centre.

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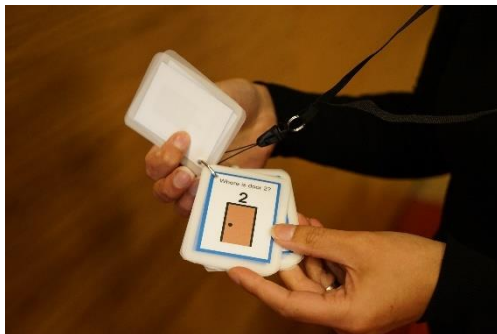


There is a main entrance to Melbourne Recital Centre on Southbank Boulevard.



Inside, the ground level foyer is partly carpeted, which makes it quieter. There is often music playing in the foyer through a speaker system.

Sometimes the foyer can be a busy and loud place depending on the number of people attending a concert.



If you have any questions whilst in the foyer, our Ushers carry picture cards with them. You can look through the picture cards and select the question you may want to ask. You can also print off the picture cards you want at home and bring them along with you. [Click here to see the picture cards.](#)



An important place in the foyer is the Box Office. Here you can collect or buy your ticket. The Box Office is open two hours before each performance. If you have access needs, please let us know when you're booking your tickets.



If you need help with asking questions at the Box Office, point to the sign in the photo.



Staff will show you a communication board to help. You can also [view or print out](#) this communication board before you arrive.

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This Relaxed Performance will be held in the Primrose Potter Salon, on the ground floor level of Melbourne Recital Centre.



There is just one door which leads into the Primrose Potter Salon from the foyer. You can sit anywhere you like in this venue.



To get into the Primrose Potter Salon, you have to go through a small room called the Sound Lock. This room is dark and keeps noise out of the concert venue.



Before you enter the Sound Lock an usher will scan your ticket. The scanning machine will beep.



Please bring along the things that help to keep you comfortable and calm. You can bring ear plugs, earmuffs, visors or a stimming toy. Please do not bring anything that makes a noise. This might disturb the performance for others.



Should you need them, you will find accessible toilets on each level of Melbourne Recital Centre. There are hand dryers in the accessible toilets that may make a loud noise.

2. The Musicians

This Relaxed Performance features Parvyn who will sing and play guitar with some looping:



guitar



looping pedal



vocals



Genre-drifting flow-state pop melds with classical Indian raga melodies, soul and jazz – anchored by Parvyn’s ethereal, inimitable vocals. ARIA nominated 'Best World Music Album of the Year' in 2022 for her debut solo record 'Sa', Parvyn’s music is immersed in a reflective world of different cultures and perspectives. Also known as lead singer in Melbourne’s cult-psychedelic band The Bombay Royale and touring globally since childhood with her father Dya Singh.

3. The Repertoire



The first piece in this concert is called *JARA* and was written by Parvyn Singh. She will use a loop pedal to create layers of sound with her voice and guitar, improvising on top in the classical Indian raga Basant Mukhari invoking the ancient goddess 'Jara'.



The second concert piece is a jazzy soulful song about breaking out of bad habits and relationships and is called *New Game*. It was also written by Parvyn. She will play with rhythm moving into a 7 beat cycle during the chorus parts. This piece also includes scatting vocals from her Indian background.



The next piece in the concert is called *Whisper In My Ear* and was inspired by the experience of lockdowns during the pandemic in Melbourne. Parvyn discovers what's important to her - a simple life surrounded by the people she loves most - her husband and son.



The fourth piece is a song by Nitin Sawhney called which means 'weather'. Just as the seasons change so do our lives, and this song says that to live in only one colour or mood limits our experience of life.



Next in the concert is a piece called *The River*. Originally recorded with Parvyn's vintage Bollywood inspired band The Bombay Royale, this song was popularised by its use in a video game Far Cry 4. This will be a simpler version of solo voice and electric guitar.

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The sixth piece in the concert is called *Back to the Ocean*. It is a heartfelt expression of care, empathy and love. Recorded live with piano for her album 'Maujuda' this song inspired the album cover, where Parvyn is free-diving in the open ocean in a burning red saree.



Free To Be Myself is the next song in the concert and is an upbeat disco anthem. It is about expressing and being your authentic self. You are welcome to clap, sing and dance along.

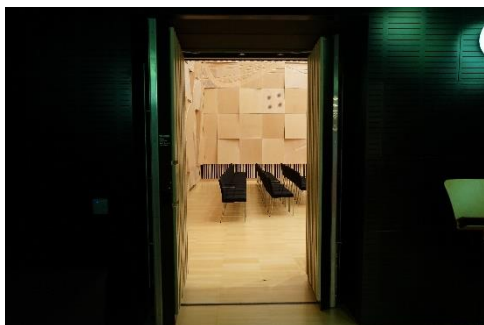


The last piece in the concert is called *Damage Inside* and incorporates Indian rhythmic patterns and vocalisations. This is a dynamic song about dealing with hardships and finding ways to overcome difficulties.

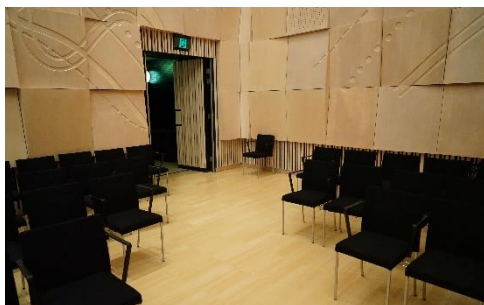
4. The Performance



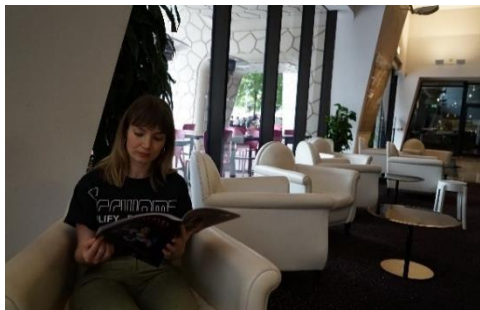
This Relaxed Performance will run for 45 minutes. There will be no interval. The house lights will remain on in the Primrose Potter Salon.



Doors to the Primrose Potter Salon will remain open for the duration of the performance.



The seating plan will include clear exit paths, more aisles and cushions on the floor.



A quiet space will be created in the ground level foyer for those who need a break.



The staff at Melbourne Recital Centre are looking forward to sharing music with you. We want you to enjoy every moment of your time with us. Please ask us if you need help or any other information.